

IMEC (Marie Cobel) with "Friends"
August 18, 1984

Session 8: Way of the World

Summary: The friends hit close to home taking a hard look at why we are stuck in our self-limiting world. Hunger, injustice and God are a few of the topics they attempt to explain.

Extended Summary: Hereditary information, and other information that has taken enough energy, create a normality. War and disease are states that have been agreed upon as a state of existence. This is hard for the rational mind to comprehend. Hunger and injustice to the rational mind incite an emotional response which in turn may provoke a physical action and energy is added to it making it more real because it is opposed. It has been created and it continues because it is agreed upon. What can be done? It is hard to see someone in desperate conditions but often this is because they chose this condition. This is the game of the physical Earth plane. If you want to rise above the game you have to lose the concept of duality: right, wrong, and the way things should be. Become the observer and notice the cycles and the attachments. A human being has the right to create their own reality then live within the circumstances of those decisions. They can be shown a better way but that may not be for them. The only thing we can really do is change ourselves. This is how the real change will happen. Through a personal experience, an awareness that there is something better. Our current situation: our mood, our health, or our financial and living situation are a result of our choices. If you will change your opinion and lose your attachment and indulgences you will be free to move to a higher existence. As the observer it is difficult not to become emotionally involved, but you must allow one to choose their life. To allow another to suffer is to invite another type of lesson upon yourself such as "How can you enjoy your meal, home, etc." when this other is suffering? This is a thought that someone else has imposed; this is not your thought. There will always be suffering. If you want to do something, then act. But remember that their life is the choice they made. How does God fit into this? This is from man's feelings of inadequacy and others trying to control through fear. Consciousness is the process of perceiving through the physical senses. The mental body is a mass of energy that works through the physical body. The mental body has an apparatus that takes energy and converts it to create receivable information for the physical senses, mental senses, and intuitive senses. When emotional energy is blocked in the mental body it prevents the clear transmission of information. Ideas, beliefs, and emotional blocks cause a destructive pattern. Acknowledge the contradiction that you are free to take any path with the knowledge that there is a loving vengeful God. To create a new existence, you have to stop agreeing to living in a world of contradictions. To create you must be free of all fear and

doubt. Free of the impact of ridicule from others. By shedding these imposed ideas and creating a true reality you will be already living in the new reality. You will have moved, and the world will have changed. Examine every thought and allow nothing to manifest itself without your agreement. Where does the energy come from? You do not create the energy you receive it. The flicker of consciousness is what you are seeking. Become aware of what your mental body has become and know that you can change anything. It is very difficult to release the mental workings of doubt and insecurity. What is it like where you are? We do not have energy forms, ideas, and concepts; things just are. On occasion we have come here and been attracted to join in the play. We have to become familiar with the agreements taking place. You do not exist in our reality until we come back to the memory of this place. How do we experience your reality? You cannot exist in your reality and our reality at the same time. Once you understand how to create your thoughts, and desires cease to agree with conditions you do not want, you will be attracted to realities that express the same reality. You congregate with those who think in the same terms.

Report by Daniel Erickson

Extended summary by S. Solomon